2019 US CROSS COUNTRY JUNIOR NATIONALS ANCHORAGE, ALASKA

Kincaid Park

March 9 – 17, 2019

NORDIC SKIING ASSOCIATION OF ANCHORAGE

Welcome to Kincaid Park

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2019 US CROSS COUNTRY JUNIOR NATIONALS
ANCHORAGE, ALASKA

Kincaid Park
March 9 – 17, 2019

NORDIC SKIING ASSOCIATION OF ANCHORAGE

TEAM CAPTAINS MEETING

Thursday, March 14th – 4:00pm

Kincaid Chalet
West Room

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Kincaid Park
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AGENDA

NORDIC SKIING ASSOCIATION OF ANCHORAGE

- Welcome
- Introduction of the OC and the Jury
- Check your entries
- Event Program
- Timetable
- Weather Forecast
- Courses
- Stadium
- Ski testing and warming up
- Course Preparation and Grooming
- Information from the OC
- Information from the TD
- Information from U.S. Ski and Snowboard

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INTRODUCTION OF THE OC and JURY

Organizing Committee:

Chair:	***Joey Caterinichio***
Chief of Competition:	***Matt Pauli***
Race Secretary:	***Steve Patterson***
Chief of Volunteers:	***Sarah Kamahele***
Timing Contractor:	***Superior Timing***

Jury:

U.S. Ski and Snowboard Rep:	***Allan Serrano***
Technical Delegate:	***Alan Pokorny***
Assistant Technical Delegate:	***Scott Jerome***
Chief of Competition:	***Matt Pauli***
Jury Member:	***Tomas Gedeon***

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NORDIC SKIING ASSOCIATION OF ANCHORAGE

COACHES CHECK YOUR ENTRIES FOR TOMORROW'S RACE - SCRATCHES

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Podiums – *Classic Sprint*

NORDIC SKIING ASSOCIATION OF ANCHORAGE

U16

Boys

- 1st Place: Aidan Burt
- 2nd Place: Trey Jones
- 3rd Place: Wally Magill

Girls

- 1st Place: Logan Smith
- 2nd Place: Quincy Massey-Bierman
- 3rd Place: Ava Thurston

U18

Boys

- 1st Place: Michael Earnhart
- 2nd Place: Zanden McMullen
- 3rd Place: Johnny Hagenbuch

Girls

- 1st Place: Kendall Kramer
- 2nd Place: Sarah Morgan
- 3rd Place: Charlotte Ogen

U20

Boys

- 1st Place: Gus Schumacher
- 2nd Place: Conor Munns
- 3rd Place: Will Solow

Girls

- 1st Place: Anja Maijala
- 2nd Place: Aubrey LeClair
- 3rd Place: Lucinda Anderson

March 14, 2019	Thursday	Official Training Day (Mass Start Competitions) Parent Forum Team Captains Meeting (Mass Start Competitions)	Kincaid Park, 10am-2pm Kincaid Chalet, 10am-11:30am Kincaid Chalet, 4pm
March 15, 2019	Friday	**Mass Start Classic Competitions** Team Captains Meeting (Relay Competitions)	Kincaid Park, 10am-3pm Kincaid Chalet, 5pm
March 16, 2019	Saturday	**Relay Freestyle Competitions** Check out wax cabins & return coaches bibs Banquet, final awards & team social activities	Kincaid Park, 10am-2pm Wax Compound & Comp Office ChangePoint Church, 6pm
March 17, 2019	Sunday	Teams depart, demobilization	Kincaid Park, 9am-12pm

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Kincaid Park
March 9 – 17, 2019

Timetable – Friday, March 15

NORDIC SKIING ASSOCIATION OF ANCHORAGE

6:00am	Kincaid Park Gates Open	Kincaid Park Road
6:00am-10:45pm	Wax Compound Open	Wax Compound, Kincaid Park
8:00am-4:00pm	Race Office Open	Kincaid Chalet, Mezzanine
8:00am-12:00pm	Bib Pickup	Kincaid Chalet West Room
9:00am-9:50am	Course Inspection	Kincaid Park, Race Course
9:45am	Forerunners Out	Kincaid Park, Race Course
9:50am	National Anthem	Kincaid Stadium
10:00am-3:00pm	**Mass Start Classic Competition**	Kincaid Park
4:00pm	Relay Teams Due	Comp Office (email or delivered)
11:00pm	Kincaid Park Gates Close	Kincaid Park Road

Revised Mass Start Classic Schedule

Friday, March 15, 2019
Updated March 13th

2019 US CROSS COUNTRY JUNIOR NATIONALS ANCHORAGE, ALASKA

Class	Distance (km)	Start Time	Estimated End Time
U16 Boys	5	10:00 AM	10:20 AM
U16 Girls	5	10:30 AM	10:55 AM
U18 Girls	10	11:15 AM	12:00 PM
U20 Girls	10	12:15 PM	1:00 PM
U18 Boys	10	1:15 PM	2:00 PM
U20 Boys	15	2:15 PM	3:00 PM

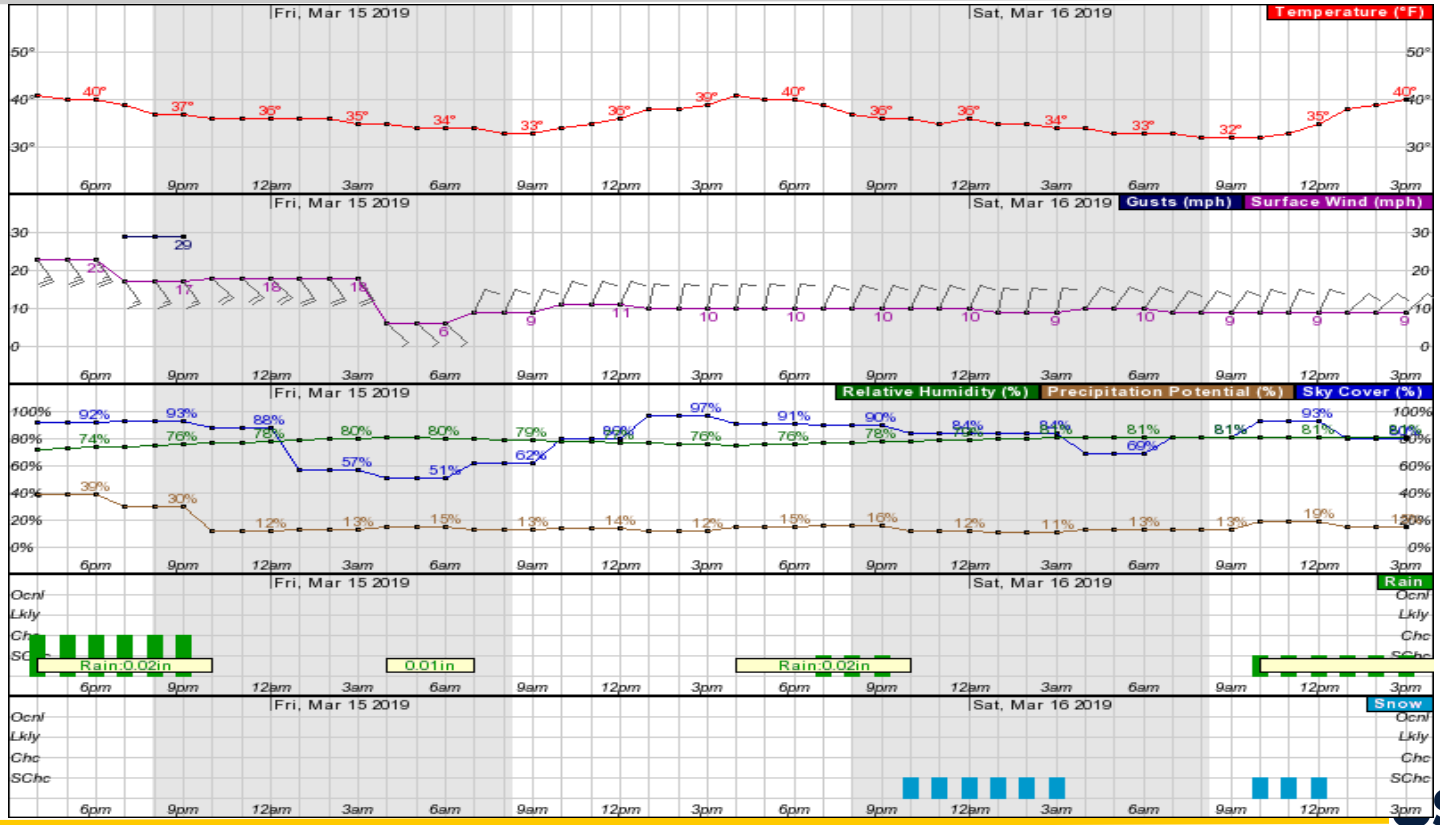
2019 US CROSS COUNTRY JUNIOR NATIONALS
ANCHORAGE, ALASKA

Kincaid Park

March 9 – 17, 2019

WEATHER

NORDIC SKIING ASSOCIATION OF ANCHORAGE



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2019 US CROSS COUNTRY JUNIOR NATIONALS
ANCHORAGE, ALASKA

Kincaid Park
March 9 – 17, 2019

5/10/15 km Course – 5.0 km Loop

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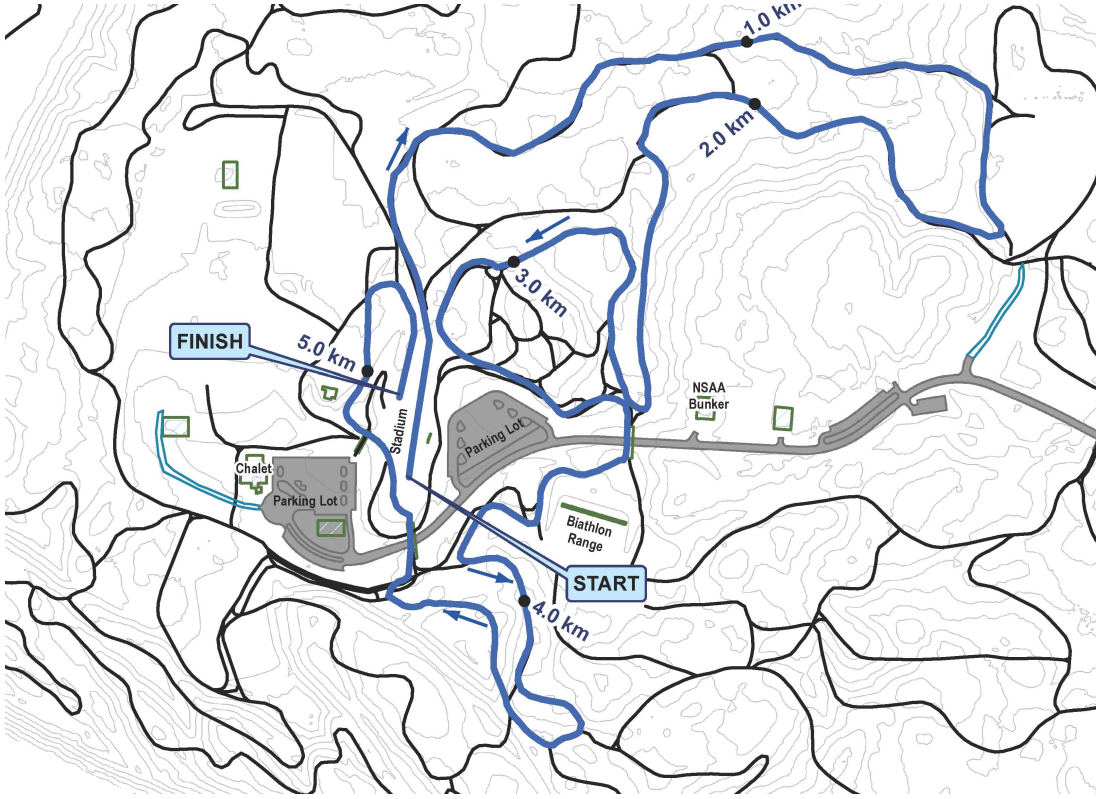

HD=43 meters
MC= 41 meters
TC = 165 meters

U16 Girls & Boys = 1 X 5.0 km laps = 5km
U18 Girls & Boys = 2 X 5.0 km laps = 10km
U20 Girls = 2 X 5.0 laps = 10 km
U20 Boys = 3 X 5.0 km laps = 15km

Mass Start Classic Competitions
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Kincaid Park

March 9 – 17, 2019

5.0 km Loop Profile

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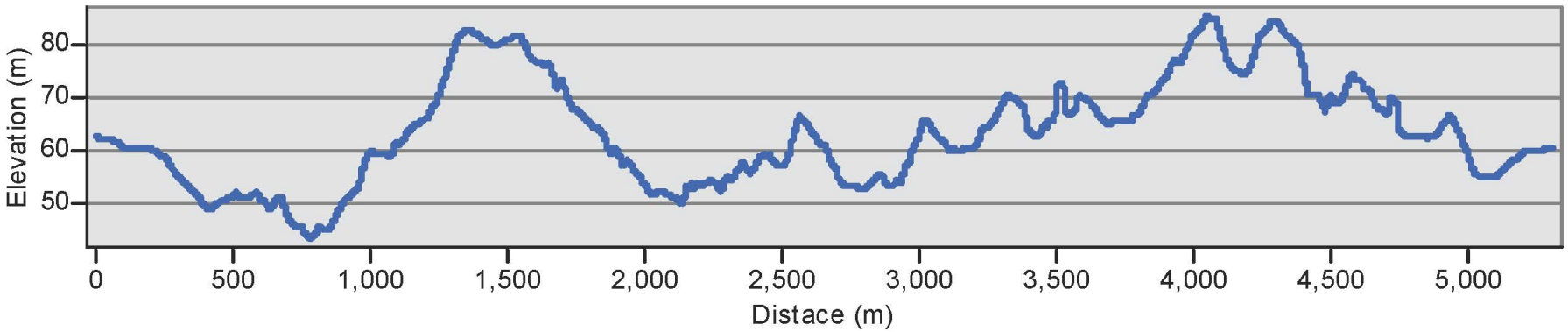

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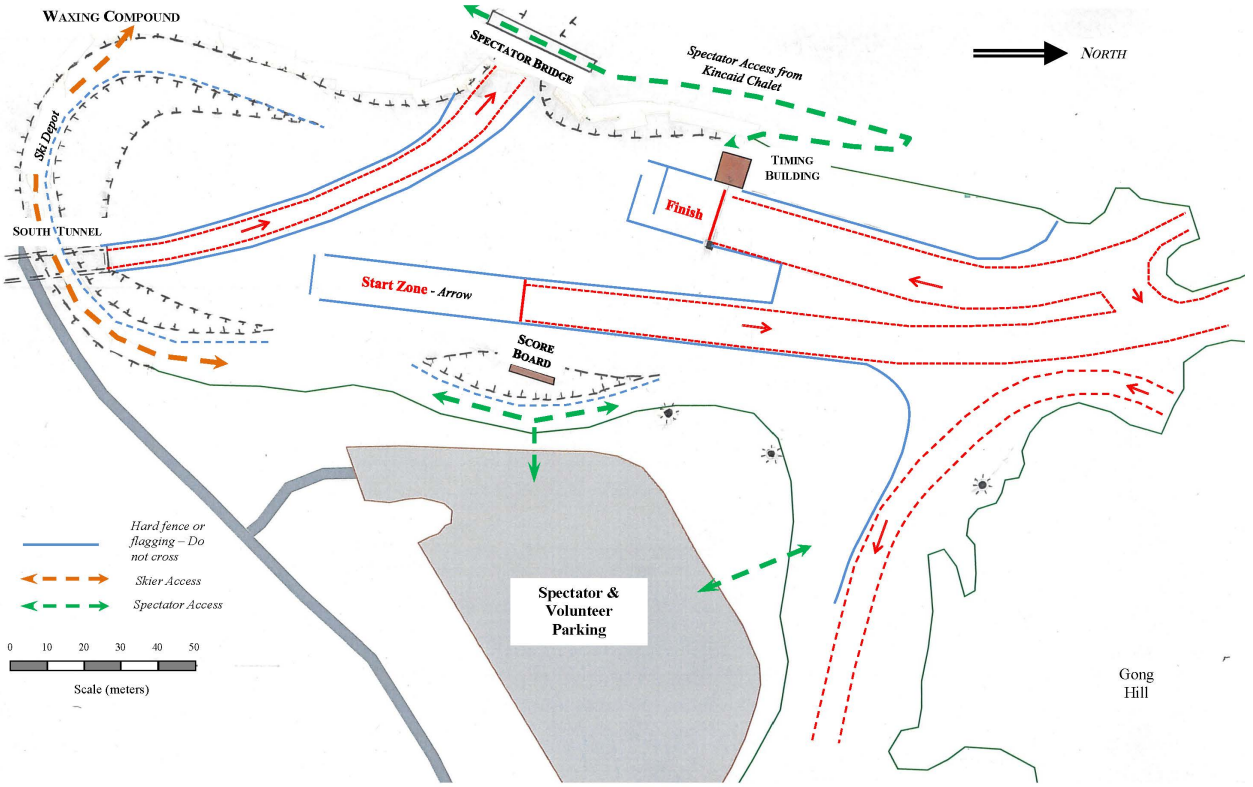
STADIUM



STADIUM LAYOUT – RACE #3: MASS START CLASSIC

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Start Information

South end of stadium, accessed via open side of Ski Depot

Seven (7) Start Lanes, Reduced to four (4) **2008 VIDEO**

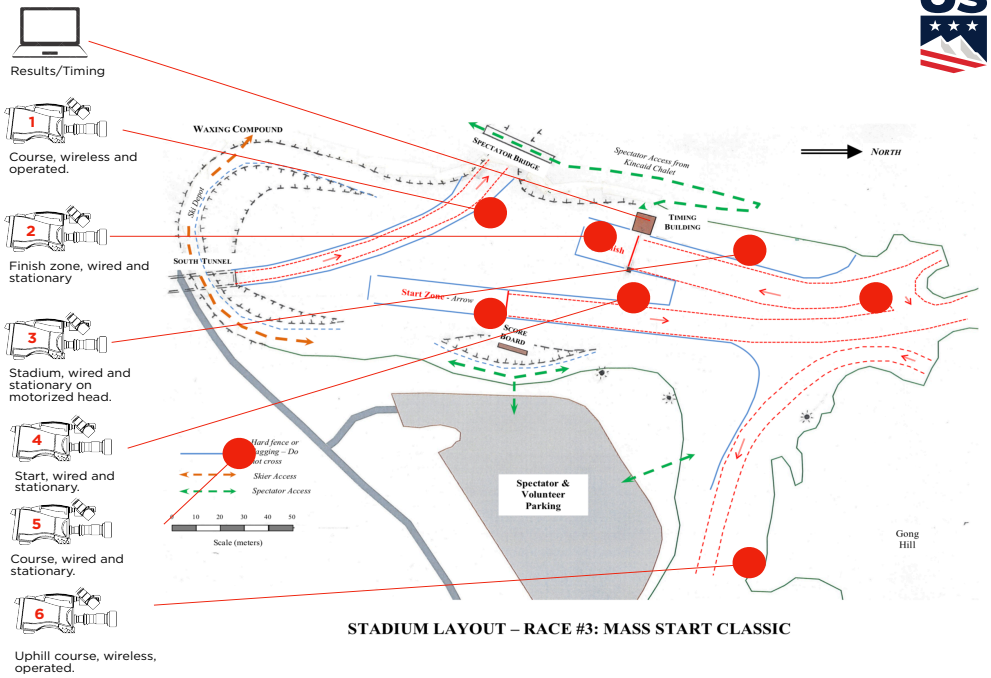
Arrive in due time for:

- Chips
- Athlete Care for warm-ups
- Loading of grid

2 minute warning, 1 minute warning, 30 seconds

Athletes released when set (start pistol), anytime within the 30 second notification

CAMERA PLAN



STADIUM LAYOUT – RACE #3: MASS START CLASSIC

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ANCHORAGE, ALASKA

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COURSE PREPARATION AND GROOMING

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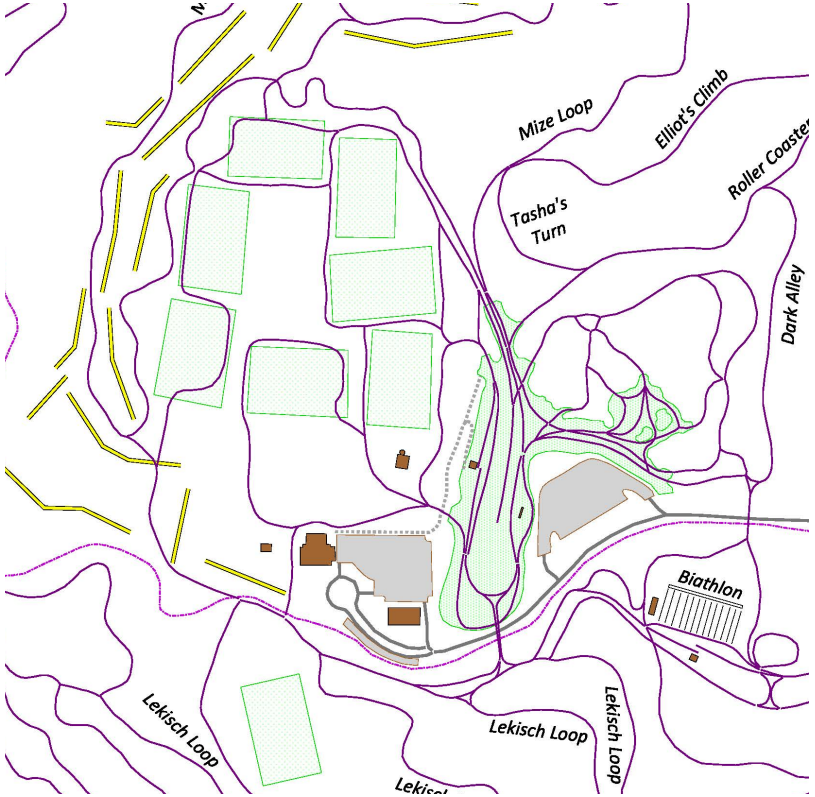
Ski Testing and Warm Up

Wax testing by properly bib'd coaches (red for movement, green for stationary) allowed on course during competition (will notify team leaders with access location)

Warm-up on course 10 minutes after each U16 start. Notification to coaches for course openings for multi-lap events

Warm-up loop designated as Chalet Loop ski'd clockwise.



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GENERAL INFORMATION FROM THE TD

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GENERAL INFORMATION FROM THE ORGANIZING COMMITTEE

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JUNIOR NATIONALS
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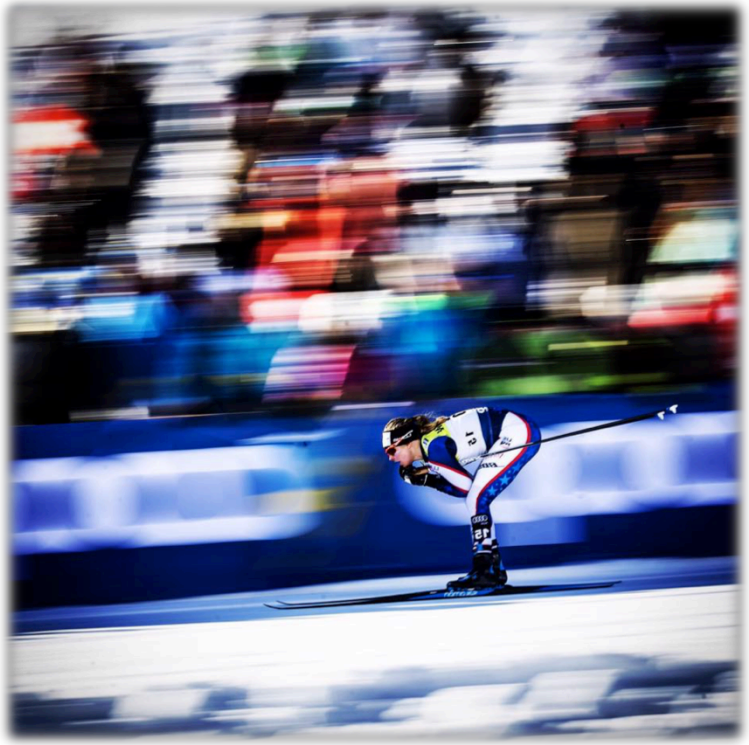
GENERAL INFORMATION FROM THE U.S. SKI AND SNOWBOARD



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Team Captain's Meeting presentation will be on web-site after meeting

Next TCM: Friday, 5:00pm – Freestyle Relay

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JUNIOR NATIONALS
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NORDIC SKIING ASSOCIATION OF ANCHORAGE

2019 Junior National Championships
Relay Team Form

First	Last	USSA Num	Class	Div	Team #	Leg #	Mixed?	Notes
Alaska								
U16 Female								
Victoria	Bassette	6835100	U16 Female	AK				
Neena	Brubaker	6652658	U16 Female	AK				
Hannah	Delamere	6622113	U16 Female	AK				
Quincy	Donley	6543111	U16 Female	AK				
Marit	Flora	6652199	U16 Female	AK				
Abigail	Haas	6642977	U16 Female	AK				
Katey	Houser	6669617	U16 Female	AK				
Maria	Nedom	6675284	U16 Female	AK				
Meredith	Schwartz	6652329	U16 Female	AK				
U16 Male								
Josh	Baurick	6284331	U16 Male	AK				
Porter	Blei	6800888	U16 Male	AK				
Carter	Brubaker	6652694	U16 Male	AK				
Kai	Caldwell	6742938	U16 Male	AK				
Aaron	Maves	6641575	U16 Male	AK				
Eli	Merrill	6677517	U16 Male	AK				
Aaron	Power	6789654	U16 Male	AK				
Noah	Rehberg	6748178	U16 Male	AK				
Konrad	Renner	6653410	U16 Male	AK				
U18 Female								
Morgan	Coniglio	6642961	U18 Female	AK				
Hannah	Cryder	6821839	U18 Female	AK				
Maggie	Druckenmiller	6614370	U18 Female	AK				
Ivy	Eski	6544948	U18 Female	AK				
Annie	Gonzales	6622951	U18 Female	AK				
Annika	Hanestad	6727622	U18 Female	AK				
Kendall	Kramer	6632466	U18 Female	AK				
Maja	Lapkass	6435705	U18 Female	AK				
Claire	Nelson	6823742	U18 Female	AK				
Adrianna	Proffitt	6555117	U18 Female	AK				
Tjarn	Bross	6624950	U18 Female	AK				
Garvee	Tobin	6643919	U18 Female	AK				

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ANCHORAGE, ALASKA

Thank You Sponsors!

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ANCHORAGE PARKS & RECREATION
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PREMIERE TITLE

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Good luck tomorrow!