

**2019 Cross Country Junior Nationals**  
**March 9-17, 2019**



<u>DAY</u>	<u>DATE</u>	<u>TIME</u>	<u>EVENT</u>	<u>LOCATION</u>
<b>Saturday</b>	3/9	9:00- 5:00	Race Office Opens (Open 9:00-5:00 rest of week)	Kincaid Park Chalet
		10:00- 5:00	Teams Arrive, Check-In, Courses Marked, Unofficial Training	Kincaid Park
<b>Sunday</b>	3/10	All day	Teams Arrive, Check-In, Courses Marked	Kincaid Park
		10:00- 2:00	Official Training, Individual Competitions	Kincaid Park
		2:30	Opening Ceremonies	Kincaid Park Stadium
		4:00	TCM, Individual Competitions	Kincaid Park Chalet
<b>Monday</b>	3/11	10:00- 2:00	Individual Freestyle Competitions	Kincaid Park
		5:30	Movie Night for teams	Bear Tooth Theatre
		6:30	USSA Coaches Junior Meeting	TBD
<b>Tuesday</b>	3/12	10:00- 2:00	Official Training, Sprint Competitions	Kincaid Park
		4:00	TCM, Sprint Competition	Kincaid Park Chalet
		6-8:00	Parent Social	King Street
<b>Wednesday</b>	3/13	10:00- 12:00	Sprint Classic Qualification	Kincaid Park
		1:00- 5:00	Sprint Classic Finals	Kincaid Park
		6:45	Social & Mid-Week Awards	West High School Auditorium
		8:00	Coaches Social	McGinley's
<b>Thursday</b>	3/14	10:00- 2:00	Official Training, Mass Start Course(s)	Kincaid Park
		4:00	TCM, Mass Start	Kincaid Park Chalet
<b>Friday</b>	3/15	10:00- 3:00	Mass Start Classic Competitions	Kincaid Park
		5:00	TCM Relay Competition	Kincaid Park Chalet
<b>Saturday</b>	3/16	10:00- 2:00	Relay Freestyle Competitions	Kincaid Park
		6:00	Banquet & Final Awards & Team Social Activity	ChangePoint Church
<b>Sunday</b>	3/17		Teams Depart, Demobilization	Kincaid Park